



KINDNESS STONES ACTIVITY

How to paint and share stones to spread love in your community. ♥

At The Butterfly Cove Play Café, we believe in creating a community full of love, connection, and kindness. Kindness Stones are a simple way to brighten someone's day and remind others that they are seen, valued, and loved. ♥



WHAT YOU'LL NEED:

- ♥ Smooth rocks or stones
- ♥ Acrylic paint or paint pens
- ♥ Paintbrushes
- ♥ Markers
- ♥ Water cup
- ♥ Paper towels
- ♥ Sealant (optional)



HOW TO CREATE YOUR KINDNESS STONE:

- ① Find a smooth rock that feels just right.
- ② Clean and dry your rock.
- ③ Paint, draw, and decorate your rock with kind words, inspirational quotes, or pretty designs.
- ④ Let it dry completely.
- ⑤ Seal your rock (optional) to protect your art.
- ⑥ You're ready to share kindness!



WHERE TO SHARE YOUR STONE:

- ♥ In a park
- ♥ On a walking trail
- ♥ At the library
- ♥ Near a bench
- ♥ Anywhere someone might need a little extra love!



THE BUTTERFLY COVE KINDNESS CHALLENGE ♥

Create a kindness stone, share it, and inspire someone else to do the same!

Let's fill our community with love—one stone at a time. ♥

REFLECTION ♥

What kind words or designs did you put on your stone?

Where did you leave or gift your stone?

How do you think it made someone feel?

You are making the world a kinder place! ♥

PARENT TIP ♥

Encourage your child to think about others and look for places where their kindness stone might brighten someone's day. ♥

